

<b>1. Pure Avocado</b>	<b>Smoothies</b>	<b>6.50</b>
<i>avocado, milk</i>		
<b>2. Breakfast on the GO</b>		<b>6.50</b>
<i>mango, banana, ginger, soy milk, orange juice</i>		
<b>3. Mango Tango</b>		<b>6.50</b>
<i>mango, strawberry, pineapple, orange juice</i>		
<b>4. Peach Outreach</b>		<b>6.50</b>
<i>peach, strawberry, soy milk, orange juice</i>		
<b>5. Getaway</b>		<b>6.50</b>
<i>strawberry, pineapple, banana</i>		
<b>6. Tropical Twist</b>		<b>6.50</b>
<i>mango, pineapple, pear, peach, coconut milk</i>		
<b>7. Detox Cleanse</b>		<b>6.50</b>
<i>spinach, kale, celery, cucumber, soy milk</i>		
<b>8. Magic Green Mango</b>		<b>6.50</b>
<i>mango, apple, spinach, pineapple, coconut milk</i>		
<b>9. Strawberry Delight</b>		<b>6.50</b>
<i>strawberry, banana, coconut milk</i>		
<b>10. Fiber Boost</b>		<b>6.50</b>
<i>avocado, apple, spinach, milk</i>		
<b>11. Tropical Northwest</b>		<b>6.50</b>
<i>pear, pineapple, banana, coconut milk</i>		
<b>12. Pina Colada</b>		<b>6.50</b>
<i>pineapple, cream de coco, low-fat vanilla yogurt</i>		
<b>13. Orange Berry Buzz</b>		<b>6.50</b>
<i>banana, orange, blueberry</i>		
<b>14. Start Me Up</b>		<b>6.50</b>
<i>pineapple, apple, mint leaves</i>		
<b>15. Triple Berry</b>		<b>6.50</b>
<i>blueberry, strawberry, raspberry, low-fat vanilla yogurt</i>		
<b>16. Strawberry Greens</b>		<b>6.50</b>
<i>cucumber, spinach, strawberry</i>		
<b>17. Chocolate Empower-Mint</b>		<b>6.50</b>
<i>spinach, banana, date, mocha, mint, almond milk</i>		
<b>18. Upgrade to a Whey Protein Shake</b>		<b>9.95</b>

**Food Allergy Notice:**

Please be advised that food prepared here may contain these ingredients:  
milk, eggs, wheat, soybean, peanuts, tree nuts.

		<b>Juices</b>	
1.	<b>Rise &amp; Shine!</b> <i>carrot, apple, ginger, orange juice</i>		6.50
2.	<b>Fresh Face</b> <i>orange, grapefruit, pineapple, mint leaves</i>		6.50
3.	<b>Green Wave</b> <i>pineapple, spinach coconut milk</i>		6.50
4.	<b>Tropical Bugs Bunny</b> <i>carrot, mango, pineapple, banana</i>		6.50
5.	<b>Green Energizer</b> <i>apple, cucumber, kale, ginger, lemon</i>		6.50
6.	<b>Liver Cleanse</b> <i>beet, apple, ginger, carrot</i>		6.50
7.	<b>Sweet Beet</b> <i>beet, kale, apple, ginger</i>		6.50
9.	<b>Oh Kale Yeah!</b> <i>orange, grapefruit, kale, spinach basil</i>		6.50
8.	<b>Shine On</b> <i>apple, grapefruit, pineapple, carrot, ginger</i>		6.50
10.	<b>Glow</b> <i>orange, mango, ginger, pineapple, carrot</i>		6.50

## **Nutty Blends**

1.	<b>Carrot Cake</b> <i>carrot, date walnut, cinnamon, almond milk</i>	6.50
2.	<b>Carnival</b> <i>walnuts, date, mint leaves, apple, carrot, cinnamon, orange juice</i>	6.50
3.	<b>First Date</b> <i>banana, kale, walnut, cinnamon, date, almond milk</i>	6.50
4.	<b>Second Date</b> <i>banana, kale, walnut, cinnamon, date, almond milk, coconut milk</i>	6.50
5.	<b>Peanut Butter Monkey</b> <i>banana, peanut butter, low-fat vanilla yogurt, soy milk</i>	6.50
6.	<b>Hurricane</b> <i>espresso, mocha, date, walnut, coconut milk, almond milk</i>	6.50

## **Other Home Refreshers**

	<b>Frosty Basil Lemonade</b> <i>whole lemon, fresh basil</i>	5.00
	<b>Minty Gingerale</b> <i>fresh ginger, fresh mint leaves, apple, soda water</i>	5.00
	<b>Fresh O.J</b> <i>4 oranges</i>	6.50

